

Howard University Mental Health

Campus Police

(202) 806-1100

University Psychiatric Emergency

(202) 345-6709

HU Counseling Center

(202) 806-6870

Student Health Center

(202) 806-7540

Rankin Chapel (pastoral counseling)

(202) 806-7280

Student Life and Activities (university groups)

Blackburn University Center, Suite 122 (202) 806-5990

[Counseling Services \(student health insurance\)](#) Metro

Center for Psych Svc (202) 596-2258 Metro

Comprehensive Health (443)744-0845 Psychological

Group of Wash (202) 223-9844 [Find a therapist](#)

http://therapist.psychologytoday.com/rms/prof_search.php

Therapy for Black Girls Directory

<https://www.therapyforblackgirls.com/therapist-directory/>

Community Mental Health Referrals

Emergency Services

DC Mobile Crisis (202) 481-1450 HU Hospital (dept
Psychiatry) (202) 865-6611 Psychiatric institute of
Washington
(202) 885-5600

National Suicide Prevention
1-800-273-8255

Crisis Text Line

Text START to 741-741

Trevor Project (LGBTQIA/SGL)
1-866-488-7386

Substance Use/Abuse Treatment

Referral Helpline (SAMHSA)

Substance Abuse

1(800) 662-HELP (4357)

Department of Behavioral Health
(202) 727-8473

Counseling Services

Family Medical (202) 889-7900

Metro Center for Psych Svc (202) 596-2258

Metro Comprehensive Health (443)744-0845

Psychological Group of Wash (202) 223-9844

Medstar Outpatient Behavioral Health Svc (202) 877-6333

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